

2014 ISAF Development Symposium – Delegate guide to local attractions

Robben Island:

Robben Island is an island in Table Bay, Cape Town, 6.9 km west of the coast of Bloubergstrand. The name is Dutch for Seal Island. Robben Island is roughly oval in shape, 3.3 km long north-south, and 1.9 km wide. Robben Island is internationally known for the fact that Nobel Laureate and former President of South Africa Nelson Mandela was imprisoned on Robben Island for 18 of the 27 years he served behind bars before the fall of apartheid. Today the island is a popular tourist destination and was declared a World Heritage Site in 1999. It is reached by ferry from the Victoria & Alfred Waterfront in Cape Town and is open throughout the year, weather permitting, and tours of the island and prison are led by guides who were formerly prisoners there.

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Cape Town Castle:

Constructed between 1666 and 1679, the Castle of Good Hope is the oldest building in South Africa and has been exceptionally well preserved. Inside, the walls of the pentagonal castle you will find a combination of cultural and military history dating back to 1652.

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Cape Point:

Cape Point is a headland at the southeast corner of the Cape Peninsula, which is a mountainous and scenic landform that runs north-south for about thirty kilometers at the extreme southwestern tip of the continent.

The peak above Cape Point is higher than that above the Cape of Good Hope. The rugged sandstone (Table Mountain sandstone) ridge that rises from Cape Point at sea level develops into two peaks. There is a major peak that dominates the skyline locally but there is also a smaller peak about 100 m (328 ft) further south. The higher peak has the old lighthouse on the top

Visitor centre: +27 21 7809010

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Cape Town City Sight-Seeing

Explore Cape Town at your own pace with the hop on, hop off city sight-seeing bus.

There are 5 tours, the most popular two being: City Town Red City Tour (18 Bus Stops around the City on a circular route including Table Mountain. Duration: app 2 hours, Cape Town Blue Peninsula Tour (14 Bus Stops around the Cape Peninsula on a circular route with Free Wine Bus Tour. Duration: app 2 hours 10 min.) They also offer a night tour, canal cruise and wine bus tour.

Tickets can be bought at the tour office (Stop 1, outside the Two Oceans Aquarium), on the bus (with credit and debit card) or discounted online.

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<http://www.citysightseeing.co.za/000>